

OCTOBER 2017

All meals are served with choice of milk-FF, 1%

MON Oct 2

Breakfast:
Fresh Fruit,
Cereal, Apple
Muffin
Lunch:
Chicken Nuggets,
French Fries, Mac
Salad, Dinner
Roll, Fruit

TUES Oct 3

Breakfast:
Fresh Fruit,
French Toast Stix
Lunch:
Hamburger Mac
& Cheese
Casserole, Citrus
Green Beans,
Fruit

WED Oct 4

Breakfast:
Fresh Fruit,
Cereal, Fruit Bar
Lunch:
Turkey Wrap,
Tater Tots, Fruit

THURS Oct 5

Breakfast:
Fresh Fruit,
Blueberry Muffin,
Yogurt
Lunch:
BBQ Chicken,
Corn on the Cob,
Mashed Potatoes,
Roll, Fruit

FRI Oct 6

NO SCHOOL

MON OCT 9

**Columbus
Day**

No School

TUES Oct 10

Breakfast:
Cheesy
Scrambled Eggs,
Biscuit, Fruit

Lunch:
Hot Dog, Pasta
Salad, Baked
Beans, Fruit

WED Oct 11

Breakfast:
Fruit, Cereal,
Fruit Bar

Lunch:
Chicken Parm
Pasta Bake,
Steamed Green
Beans, Fruit

THURS Oct 12

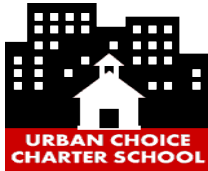
Breakfast:
Fruit, Blueberry
Muffin, Yogurt

Lunch:
Beef Taco,
Mexicali Corn &
Beans, Fruit

FRI Oct 13

Breakfast:
Fruit, Cereal,
Muffin

Lunch:
Pizza, Carrots &
Dip, Fruit



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MON Oct 16

Breakfast:
Fresh Fruit,
Cereal, Apple
Muffin
Lunch:
Meatball Sub,
California Blend
Veggies, Fruit

TUES Oct 17

Breakfast:
Fresh Fruit,
Waffles
Lunch:
Cheeseburger,
Potato Barrels,
Mac Salad, Fruit

WED Oct 18

Breakfast:
Fresh Fruit,
Cereal, Fruit Bar
Lunch:
Chicken
Nuggets,
Garden Salad,
Dinner Roll, Fruit

THURS Oct 19

Breakfast:
Fresh Fruit,
Blueberry Muffin,
Yogurt
Lunch:
Buffalo Chicken
Mac & Cheese,
Steamed Broccoli,
Fruit

FRI Oct 20

Breakfast:
Fresh Fruit, Egg
& Sausage
Scramble, Mini
Bagel
Lunch:
Pizza, Carrots &
Dip, Fruit

MON OCT 23

Breakfast:
Fresh Fruit,
Cereal, Mini
Bagel
Lunch:
Sloppy Joe,
Tater Barrels,
Mac Salad, Fruit

TUES Oct 24

Breakfast:
Fresh Fruit,
Waffle, Sausage
Links
Lunch:
Bologna &
Cheese Wrap,
Italian Veggie
Salad, Fruit

WED Oct 25

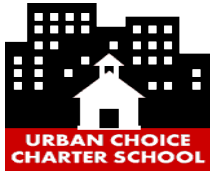
Breakfast:
Fruit, Cereal,
Fruit Bar
Lunch:
Crazy Lasagna,
Romaine Salad,
Fruit

THURS Oct 26

Breakfast:
Fruit, Whole
Grain Muffin,
Yogurt
Lunch:
Pulled BBQ
Wrap, Coleslaw,
French Fries,
Fruit

FRI Oct 27

Breakfast:
Fresh Fruit,
Pigs in a Blanket
Lunch:
Pizza, Carrots &
Dip, Fruit



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MON Oct 30

Breakfast:

Fresh Fruit,
Cereal, Apple
Muffin

Lunch:

Cheeseburger,
French Fries, Fruit

TUES Oct 31

Breakfast:

Fresh Fruit,
French Toast Stix

Lunch:

Chicken Nuggets,
Mac Salad, Corn
& Peas, Fruit

WED Nov 1

Breakfast:

Fresh Fruit,
Cereal, Fruit Bar

Lunch:

Turkey Wrap,
Tater Tots, Fruit

THURS Nov 2

Breakfast:

Fresh Fruit, B-Fast
Burrito

Lunch:

Pasta Bolognese
Bake, Garlic Green
Beans, Dinner Roll,
Fruit

FRI Nov 3

Breakfast:

Fresh Fruit,
Yogurt, Muffin

Lunch:

Pizza, Carrots &
Dip, Fruit